



**BIODESIGN
FOUNDATION**

Biodesign Foundation
9016 St.Gallen
Switzerland

e-mail: welcome@biodesignfoundation.org

November 15, 2024

Object: Letter of endorsement Project PLASTIC – DAMS

To Whom It May Concern,

On behalf of **BioDesign Foundation**, we are pleased to provide our full endorsement for the PLASTIC project, an essential and innovative research initiative that seeks to explore the health impacts of micro and nanoplastics (MNPs) on cardiovascular disease (CVD). As an organization dedicated to supporting patients affected by cardiovascular conditions, we understand the critical need for research that investigates environmental factors, such as microplastics, which may pose additional risks to cardiovascular health.

The findings of the PLASTIC project will contribute significantly to our understanding of how exposure to microplastics impacts cardiovascular health, especially among vulnerable populations already at high risk for CVD. By addressing these emerging environmental threats, the project aligns with our mission to improve patient outcomes through prevention, education, and research. We are particularly encouraged by the project's commitment to assessing exposure pathways and providing data-driven insights that could shape future guidelines for cardiovascular disease management.

Our association is also committed to working alongside the PLASTIC project team to ensure that any findings related to patient care are effectively communicated to our members and the broader community. We believe that by collaborating with the PLASTIC project and supporting the spreading of its finding we can empower patients, health care providers, and policymakers with knowledge and tools to mitigate the impact of microplastics on cardiovascular health.

We strongly support the PLASTIC project and look forward to its outcomes, which we believe will help guide both healthcare practices and patient education efforts. We are committed to supporting this initiative and are available to assist in any way necessary to help the project achieve its objectives.

Thank you for considering us on this strategic initiative.

Sincerely,

Roberto Guerini
Presidente BioDesign Foundation